

SOAPPSM Version 1.0

Name: _____ Date: _____

The following are some questions given to all patients at the Pain Management Center who are on or being considered for opioids for their pain. Please answer each question as honestly as possible. This information is for our records and will remain confidential. Your answers alone will not determine your treatment. Thank you.

Please answer the questions below using the following scale:

0 = Never, 1 = Seldom, 2 = Sometimes, 3 = Often, 4 = Very Often

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|---|---|---|---|---|---|
| 1. How often do you feel that your pain is “out of control?” | 0 | 1 | 2 | 3 | 4 |
| 2. How often do you have mood swings? | 0 | 1 | 2 | 3 | 4 |
| 3. How often do you do things that you later regret? | 0 | 1 | 2 | 3 | 4 |
| 4. How often has your family been supportive and encouraging? | 0 | 1 | 2 | 3 | 4 |
| 5. How often have others told you that you have a bad temper? | 0 | 1 | 2 | 3 | 4 |
| 6. Compared with other people, how often have you been in a car accident? | 0 | 1 | 2 | 3 | 4 |
| 7. How often do you smoke a cigarette within an hour after you wake up? | 0 | 1 | 2 | 3 | 4 |
| 8. How often have you felt a need for higher doses of medication to treat your pain? | 0 | 1 | 2 | 3 | 4 |
| 9. How often do you take more medication than you are supposed to? | 0 | 1 | 2 | 3 | 4 |
| 10. How often have any of your family members, including parents and grandparents, had a problem with alcohol or drugs? | 0 | 1 | 2 | 3 | 4 |
| 11. How often have any of your close friends had a problem with alcohol or drugs? | 0 | 1 | 2 | 3 | 4 |



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| 12. How often have others suggested that you have a drug or alcohol problem? | 0 | 1 | 2 | 3 | 4 |
| 13. How often have you attended an AA or NA meeting? | 0 | 1 | 2 | 3 | 4 |
| 14. How often have you had a problem getting along with the doctors who prescribed your medicines? | 0 | 1 | 2 | 3 | 4 |
| 15. How often have you taken medication other than the way that it was prescribed? | 0 | 1 | 2 | 3 | 4 |
| 16. How often have you been seen by a psychiatrist or a mental health counselor? | 0 | 1 | 2 | 3 | 4 |
| 17. How often have you been treated for an alcohol or drug problem? | 0 | 1 | 2 | 3 | 4 |
| 18. How often have your medications been lost or stolen? | 0 | 1 | 2 | 3 | 4 |
| 19. How often have others expressed concern over your use of medication? | 0 | 1 | 2 | 3 | 4 |
| 20. How often have you felt a craving for medication? | 0 | 1 | 2 | 3 | 4 |
| 21. How often has more than one doctor prescribed pain medication for you at the same time? | 0 | 1 | 2 | 3 | 4 |
| 22. How often have you been asked to give a urine screen for substance abuse? | 0 | 1 | 2 | 3 | 4 |
| 23. How often have you used illegal drugs (for example, marijuana, cocaine, etc.) in the past five years? | 0 | 1 | 2 | 3 | 4 |
| 24. How often, in your lifetime, have you had legal problems or been arrested? | 0 | 1 | 2 | 3 | 4 |

Please include any additional information you wish about the above answers. Thank you.



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